

What Can I Do With This **Ohio State** Major?

Bachelor of Science

Medical Dietetics

School of Health and Rehabilitation Sciences

Registered dietitians are food and nutrition experts. They assess nutritional needs, provide nutrition intervention, and help individuals prevent disease through good nutritional practices. They also manage food service in health care or commercial settings. Dietitians are registered and/or licensed to give group and individual nutrition counseling and serve as nutrition consultants to other health-care professionals. The field combines practice and research in food, nutrition, and health with education about diet and food choices. Dietitians play an important role in fitness, health, and nutritional treatment of diseases.¹

Career Areas/Job Titles:

Management and Industry

Management/Corporate
Dietician
Wellness Officer

Communication and Media

Public Relations Manager
Publisher
Journalist

Health Professions

Clinical Dietician
Correctional Facility Dietician
Health Coach
Home Healthcare Specialist

Education

Professor
Researcher
Consulting Dietician

Non-Profit/Advocacy

Community Dietician

Government

US Department of Veteran's
Affairs
USDA

**Some careers may require licensure, certification, or further education. Talk to an advisor about specific requirements.*

Transferable Skills:

Basic Computer Skills
Biology
Chemistry
Food Production
Human Anatomy
Law and Government
Facilitating Group Discussion
Interviewing
Listening Skills
Negotiating
Persuasion
Public Speaking
Written Communication
Counseling Skills
Cultural Understanding

Motivating Others
Service Orientation
Teaching/Instructing Others
Teamwork
Conceptualizing
Defining Needs
Developing Evaluation
Strategies
Experimental Design
Gathering Information
Identifying Problems
Research Skills
Setting Goals
Judgment & Decision Making
Initiative

Managing Time/Stress
Administrative Skills
Coaching/Mentoring
Delegating Tasks
Mediating Conflict
Organization Skills
Strategic Planning/Visioning
Multi-tasking
Quantitative Reasoning
Analytical/Critical Thinking
Problem Solving
*Supervised Practice Required
*Minor Optional
*Licensure Obtained Upon
Grad

**This is not an extensive list of transferable skills. See larger list of skills you might develop here:
<http://ccss.osu.edu>*

Professional Links:

Academy of Nutrition and Dietetics: <http://www.eatright.org/>

American Society for Nutrition: <http://www.nutrition.org/>

American Society for Parenteral and Enteral Nutrition: <https://www.nutritioncare.org/>

Association for Healthcare Foodservice: <http://www.healthcarefoodservice.org/>